Beginnings

Our Lenten Journey
Lent is a 40-day period of spiritual preparation for Easter that harkens to the early centuries of the Church. Lent begins with Ash Wednesday, a day of worship, reflection and repentance. From biblical times onward, ashes have been applied to the forehead to signify repentance and commitment.

Ash Wednesday Service/Lunch
February 26, Noon
An Ash Wednesday Service will be held in the Chapel. Worshipers who wish to participate will receive the imposition of ashes upon the forehead. A soup and bread luncheon will follow in the dining room. Lunch is sponsored by the Senior Adult Committee.

Ash Wednesday Evening Service
February 26, 6:15 PM
After a brief Ash Wednesday learning opportunity, we will process as a congregation into the Sanctuary for a worship service, including the imposition of ashes, for all ages. Worship will continue with participation in prayer stations in the sanctuary and narthex.

Exploring Racism and Racial Equity

Faith Formation on Wednesday Nights
February 5, 12, 19
Black History Month, observed in February, invites people of all skin colors to look honestly and see clearly how racism has affected our identities, relationships, and communities. In a 3-week Wednesday Night Faith Formation series, we have the opportunity to reflect on how racism and privilege have shaped us, and how we, as people of faith, can cultivate awareness and implement practices which lead to the realization of racial equity. Read more about February Wednesday Night offerings on page 6. See also article on Deacon Goals on page 9.
According to our church’s personnel policy, I was eligible for a pastoral sabbatical in the spring of 2018. But then my good friend and revered colleague, Ken Wilson, retired. I thought it unwise to be absent during the important transition that came afterward so I deferred my sabbatical.

I was then poised to go on sabbatical in 2019, but my good friend and revered colleague, Marlin Yoder, resigned to pursue other vocational opportunities. Once more, I thought it unwise to be absent during the important transition that came afterward so I deferred my sabbatical.

Now it is January of 2020, and I’m expecting again to be away on sabbatical yet again. And while I’m not aware of any impending staff departures, I’m pretty sure something will happen to make April 15 - June 17 a less than ideal time to go on sabbatical. But unless something truly catastrophic happens, Bambi and I will be on a plane to Dijon, France, on April 15 of this year.

After all, one of the benefits of a pastoral sabbatical is reminding the church—and especially the pastor—that no one is indispensable to the life and ministry of our church. As Charles De Gaulle reportedly said, “The cemeteries are full of indispensable men (and women)!"

Yes, sound leadership is important, good preaching matters, and savvy, sensitive pastoral care is required. But the pastor is not the only person who can offer those ministries. Thankfully, our church has an able team of clergy and lay leaders who can do all that and more.

So while my able colleagues and our lay leaders keep Knollwood thriving, I’ll be taking a few weeks away for reading, reflection, renewal, and hopefully, a little fun along the way. Bambi and I plan on spending a month in France, largely because a KBC friend got us lodging in a Wake Forest faculty apartment in Dijon at a very affordable rate. We’ll then spend a week on Iona, the storied Scottish island known for its rich history of spirituality and retreats. The final three weeks of our time away will be spent at various sites in the U.K.

Inevitably, when the subject of a pastoral sabbatical comes up, it stirs understandable envy. After all, most hard-working people live out their careers with no such opportunity to regroup, recharge, and reinvent themselves. I can only say I recognize what a remarkable privilege a sabbatical is. And the only defense I can offer, if one is needed, is that serving as a pastor is the only profession remaining, to my knowledge, that is a 24/7, 365-days-a-year job. Yes, there are “days off” and other ministers on call, for which I am profoundly grateful. But the longer one serves in a church like Knollwood, the more the pastor’s work ceases to be a job and becomes “family.” And there are no “days off” when there is a crisis in the family.

That’s why the only way for me to have a real sabbatical is to get to the other side of the ocean. And not because Knollwood might not respect my need for sabbatical leave, but because I likely would not. If I were closer to home and a pressing pastoral need arose, I’d be on my way.

So thank you, Knollwood, for being the kind of exceptional, thoughtful, caring congregation that recognizes the need for pastoral sabbaticals. That is but one of the many ways Knollwood helps make me a better pastor and person.

Blessings

Bob
Update from Transition/Search Committee for Faith Formation and Education Minister

The Transition/Search Committee for the Minister of Faith Formation and Education has begun its work to assess the current status of faith formation and education at Knollwood and to ascertain the congregation's vision and desires for moving forward in this important part of our church and community life.

During the next several months, committee members will be meeting with the diaconate, relevant committees and target groups, Sunday School teachers, and the congregation at large in listening sessions around key questions and themes. In addition, a congregation-wide survey is planned.

The committee's overall charge is to:

■ assess faith formation and education at Knollwood,

■ determine the best staffing plan going forward, and

■ find the right candidate to lead our church's ministry of discipleship.

Sylvia Oberle, chair of the committee, stressed the importance of this initial discernment phase and the need to take the necessary time to fulfill that part of the committee's charge. "We want to be very intentional about where we are as a congregation of learners and determine the best way to build upon that strength. Only then will we be able together to determine our best path forward," she said.

The committee will also be reviewing how other churches similar to Knollwood are addressing faith formation and education through innovative staffing and other means.

Key dates for the congregation are:

March 15: Meeting with the diaconate
March 18: Open forum during regular Wednesday night programming
March 22: Congregation-wide meeting during the Sunday School hour and a follow-up lunch with Sunday School teachers and others after church

Other committee members are: Beth Fields, vice-chair; Trevor Anderson, Clyde Cash, Jerry Francis, Kimberly Maner, and Spence O'Neill. Bob Setzer is the staff liaison.

The committee will also be reviewing how other churches similar to Knollwood are addressing faith formation and education through innovative staffing and other means.

Send articles to colleen@knollwood.org.
Ash Wednesday

By ROZANNA GOOCEY

Minister of Music

As a worship leader, I can tell you that attendance at Ash Wednesday Worship is not high on the priority list for most protestant Christians. Interestingly enough, Ash Wednesday is my favorite liturgy of the year. I also think it is one of two of the most important days in the Christian Year, with the other being Resurrection Sunday. In all honesty, though, Resurrection Sunday doesn’t make much sense if you haven’t been faced with the realities of sin and death that the church faces together on Ash Wednesday.

The climactic point in the liturgy of Ash Wednesday comes when the pastor marks the forehead of the Christian and solemnly declares, “you are dust and to dust you shall return.” For me, this is the most real moment of worship all year. Just as God created Adam from the dust of the earth, God is also the source of my life. Just as Adam returned to dust, I will die, too. In a world where we are all trained to produce and provide, Ash Wednesday words remind us that nothing we do changes our dependence on God’s grace and salvation. And, in a world that tries so hard to avoid aging and death, Ash Wednesday words remind us that this is the fate of us all. Most years, hearing these words on Ash Wednesday actually brings me relief.

In February of 2014, my son Samuel was two years old. The Methodist Church where Joshua and I were both on staff held a traditional Ash Wednesday Service in the Sanctuary at 7 p.m. Since there was no childcare that evening, we had a friend hold him for us during the service. During the Imposition of Ashes, I watched as Samuel’s tiny forehead was marked with a cross of ashes. Though I couldn’t hear the words that his father spoke, I knew that Joshua looked into our baby’s eyes and said, “Samuel, you are dust and to dust you shall return.” As I witnessed this moment, I began to weep. I wept because, by looking at this precious one with ashes smeared across his head, I saw he was not mine. I saw that Samuel belonged to God. I saw that Samuel’s fate is the same as mine. I found relief again on Ash Wednesday, but this time relief that God holds Samuel’s life. And, God will hold Samuel in death, too. As a parent, I experienced relief that this little life that I thought was only my responsibility to protect and shape was actually not mine after all.

I hope you’ll begin the Lenten journey with one of our services on Ash Wednesday. You can read more about them on page 1. I encourage you to bring your children, too. This service is a wonderful way to help them begin to understand this most important season when we all acknowledge our profound sinfulness, and God’s even more profound love.
Children + Missions
By CHIPSY HARDY
Children's Ministry Associate

One of Knollwood's core values is that we are a missional church. I love that our folks are passionate about seeking justice and serving those in our community. I am always amazed at the breadth and depth of involvement from our congregation in service in this city. But I have a confession: It has been a challenge for me to figure out how to teach, instill, and model these values to our children. So often, I feel like our mission projects with children are not necessarily aligned with our church's missional values of doing with, instead of for, and creating sustained relationships. It seems we fall into the trap of packing boxes and kits or donating items to a cause without our children having a chance to see what happens next.

That's part of why our recent mission project to Crisis Control felt like such a success. Our children brought books from their own homes that we could donate to the children's waiting area. Children and their families got a tour at Crisis Control and got to see everything that happens at its facility. They did the work of sorting food items, and we created busy bags with activities for children to use while they are waiting, too. We had time in the space with the staff who work with one of Knollwood's primary local missions partners, and our children and their families walked away with a deeper sense of how this organization works – largely with support from people like us.

Here is what one family had to say: “I had heard of Crisis Control over the years, but I didn't really know much about all of the services they offer. So, I really enjoyed learning more about their ministry...it's truly wonderful! This was the perfect opportunity to serve our neighbors as a family, with hands-on things that kids could easily do and to which they could relate, from sorting cans to preparing the busy-bags.”

We were able to purchase items to create these busy bags, and many of our other mission projects throughout the year thanks to the offering we collect on Children's Sunday when we ask you to bring cash and fill those plates to overflowing. That's coming up again at the end of February, so please mark your calendars and go by the ATM before Feb. 23 so that our children can see how your generosity empowers them to get out and actually do – being the hands and feet of Jesus.

Registration Opening Dates
By LUCRECIA NORMAN
Minister to Senior Adults & Weekday Preschool

Welcome to Camp Wooded Knoll

- June 2 - 5 - Pirates and Mermaids
- June 8 - 11 - A Bug’s Life
- June 22 - 25 - VBS - Wilderness Escape (Infants - 3 year olds) Older children will register through the VBS registration form
- July 13 - 16 - Olympics
- August 10 - 13 - Fun with Food!
- August 24 - 27 - Can You Dig It?

CAMP HOURS
- Weeks 1, 2, 4, 5 & 6: 9:30 AM – 1 PM
- Week 3 (VBS Week): 9 AM – 12 PM

Open to Ages - 3 months to rising kindergarten

REGISTRATION/PAYMENT
The cost for Camp Wooded Knoll is
- $150 per child for Weeks 1, 2, 4, 5 and 6
- $130 per child for Week 3

Registration opens Tues. Feb. 18, and will close Fri. May 1. $25 late fee applied to any registration after this date. Payment must be made in full at time of registration. Registration forms will not be accepted without payment. Please choose your weeks carefully, payments are non-refundable.
Faith Formation and Education

Wednesday Night Faith Formation

January 29 - Justice for the Poor
For the final evening in our January series on justice, we welcome criminal defense lawyers Artrese Ziglar, Andrew Keever, and Kelley Gondring to reflect on the challenges faced by the economically disadvantaged in the justice system.

February 5 and 12 - Wade in the Water: An Invitation to Anti-Racism
“Wade in the Water” is a familiar Negro spiritual that evokes both the liberation of the Exodus and the healing waters of Bethesda in John 5:4. Historically, the coded lyrics helped guide slaves to freedom, and today, this song is still frequently sung as part of the ritual celebration of baptism in many churches. The title points to a nexus of racist history and gospel proclamation that challenges Christians in the U.S. to wade in and take up the work and mission of dismantling racism.

This 2-part Wednesday night workshop, facilitated by Green Street United Methodist trainers Amaris Carr and Kim Strong, will be a thoughtful mix of historical content, systemic analysis, engaging videos, and table conversation. The sessions will balance the presentation of facts and concepts with opportunities for personal connection and discussion and will emphasize confidentiality and safe space for honest expression. All are invited to begin where they are, and wade in a little deeper.

February 19 - Our Work in Progress: Knollwood’s Racial Equity Initiatives
As a faith community develops a common understanding of racism and racial equity, a question naturally emerges: How can we--individually, communally, and institutionally--do the work of racial justice? Racial Equity Teams, commissioned by the DEC, will present current and proposed racial equity initiatives at Knollwood.

February 26 - Ash Wednesday Intergenerational Worship
Our evening Ash Wednesday observance will begin with a fellowship meal at 5:30. After a brief program, we will process as a congregation into the Sanctuary for intergenerational worship, including the imposition of ashes. Ash Wednesday worship will continue with prayer stations in the sanctuary and narthex. Join us as we begin this year’s Lenten journey through learning, song, ritual, and prayer.

Faith In the City

Tuesday February 4, Noon-1 pm, doors open at 11:30 am

WS/FCS Strategic Direction
Dr. Angela Hairston, speaker, WS/FC Schools Superintendent
Knollwood Baptist Church offers this monthly series of conversations, running October-May on the first Tuesday. These gatherings will invite participants to deepen community conversations about complex issues and find ways to work together to address injustices that might seem overwhelming to us as individuals.

The lunch series is free and open to the public. Bring a bagged lunch. We will provide beverages and desserts.

Wellness and Community Center, Bldg. D
Looking for discussion, friendship, and growth?

We have small group options.

**Companions in Christ**
This committed spiritual formation group explores practices of the Christian spiritual life through weekly small group meetings, Mondays 10 AM – noon. **Companions in Christ is on hiatus for the spring and summer.** This fall, the group will explore *The Way of Prayer.* For information, contact Melanie Wilkinson at melanie.o.wilkinson@gmail.com or at 254-715-0073 or Evalynn Davis at ebda-vis@yadtel.net or at 336-466-3181.

**Enneagram I**
2nd and 4th Mondays
6 – 7:30 PM • Sept. 9 – May 11
D102, WCC Contact Melanie Wilkinson, 254-715-0073, or melanie.o.wilkinson@gmail.com

**Enneagram II**
2nd and 4th Tuesdays
2-4 PM • Sept. 10 – May 12
D102, WCC, Contact Melanie Wilkinson, 254-715-0073, or melanie.o.wilkinson@gmail.com

**Daytime Book Group**
2nd Mondays • 1-3 PM
This group discusses books exploring interfaith understanding and social awareness. All are welcome. Held in Bldg. A. in the seating area near the resource center, Contact Dean Clifford, cliffordconsult@mindspring.com

**Evening Women’s Book Club**
3rd Mondays
Women of a wide range of ages meet monthly in homes to discuss contemporary fiction and non-fiction. Contact Judith Kuhn, judithkuhn44@gmail.com

**Tuesday Morning Women’s Bible Study**
Tuesdays • 7-9 AM
This supportive group gathers weekly in members’ homes for Bible study, starting with an early morning breakfast. Contact Dean Clifford cliffordconsult@mindspring.com

**Monday Morning Men**
Mondays • 7-8 AM
This weekly gathering of men, mostly in late career stages or early retirement, discusses current events, reflects on the Christian life, and supports one another. 380 Knollwood Street, Ste. 700. Contact Chip Mims, cpmims3@gmail.com

**Racial Self-Awareness Small Group**
In fall 2019, two groups read Robin DiAngelo’s "White Fragility: Why It’s So Hard for White People to Talk about Racism." A spring offering is coming soon. Contact Lisa Sykes, lisa@dogwoodmicro.com, or Jeff Stallings, stallingsj@triadrr.com for more information.

**Relationship Matters**
Couples in committed long-term relationships meet once a month to work on communication and couple intimacy skills. Two groups are currently meeting with leaders Chuck and Renée Hinson, who have been trained through BetterMarriages.org. Although the groups are currently full, couples interested in joining a group in early Spring may contact Chuck and Renée, chuck@thehinsongroup.com or renee@thehinsongroup.com

**The Way of Prayer**
In fall 2019, the group will explore *The Way of Prayer.* For information, contact Melanie Wilkinson at melanie.o.wilkinson@gmail.com or at 254-715-0073 or Evalynn Davis at ebda-vis@yadtel.net or at 336-466-3181.

**Wednesday Morning Women’s Bible Study**
7:30-9 AM – This group shares life, laughter, and Bible study, meeting in groups members’ homes. Contact Rachel Wiggins, rdwiggins21@gmail.com or Diana Long, dlong1221@gmail.com

**Seasons: Bible Study for Moms of Young Children**
2nd and 4th Wednesdays • 9:30-11 AM
Sponsored by the Knollwood Children’s Ministry, this reflective group of younger moms meets to study the Bible and share life. This group is currently reading *The Beautiful Work of Learning to Pray.* Knollwood Bldg. C. Contact Chrissy Hardy, chrissy@knollwood.org

**Women and the Word: Bible Study for Moms**
1st and 3rd Tuesdays • 7:30-9 PM
Sponsored by the Knollwood Children’s Ministry, this lively group offers evening Bible study and discussion for moms. This group is currently studying *Gospel Medicine, a Collection of Sermons* by Barbara Brown Taylor. Contact Chrissy Hardy, chrissy@knollwood.org

**(Re)Discovering Me: My Longings/God's Calling**

**Women’s Retreat 2020**
Attention Knollwood Women- we hope YOU will join us for our 2020 Women’s Retreat!

We will be heading to the Catholic Conference Center in Hickory, NC, March 13-15 for our weekend retreat. This intergenerational retreat is a great time to connect with friends, new and old, and to deepen your relationship with Christ. Our speaker, Laura-Lee Jones, will be guiding us to reflect on our role as God’s Beloved. Registration begins Jan. 26. Mark your calendars and join us!
STEWARDSHIP REPORT

2020 Ministry Plan Adopted
At the church conference on Wednesday night, January 22, 2020, the 2020 Ministry Plan budget was adopted by congregational vote. A copy of that budget can be downloaded here www.knollwood.org/media-documents or by request from the church office.

The 2020 Ministry Plan was reviewed by the congregation on Wednesday night, Nov. 21, 2019. A Question & Answer document responding to questions at that meeting is available at www.knollwood.org/media-documents, or by request from the church office.

Many thanks to our Finance Chair and Committee, Church Administrator, and others who worked to prepare this budget.

2019 Year End Financial Report

<table>
<thead>
<tr>
<th>2019 Ministry Plan Giving</th>
<th>$1,518,344</th>
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<tr>
<td>2019 Ministry Plan Expenses</td>
<td>$1,433,970</td>
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<td>$84,374</td>
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2019 Ministry Plan Giving 11% increase over 2018

| Mission Giving beyond the 2019 Budget | $43,612 |
| Other Designated Gifts | $101,703 |
| WCC Capital Campaign | $747,823 |
| Total 2019 Giving beyond the Ministry Plan | $893,138 |
| Total Giving 2019 | $2,411,482 |

Summary of 2019 Stewardship Campaign
As of Dec. 31, 2019: 214 pledges totaling $1,260,611
As of Dec. 31, 2018: 211 pledges totaling $1,204,211

In 2019, $303,954 came in as receipts/plate income for our general ministry beyond pledged money.

Walking With Jesus on a Journey of Generosity
By GARY HERRING
Stewardship Chair

As Jesus went on from there, he saw a man named Matthew sitting at the tax collector’s booth. “Follow me” he told him and Matthew got up and followed him. (Matthew 9:9)

On behalf of the Stewardship Committee, thank you, for your generosity. As 2019 came to a close you committed $1.26 million in pledges for 2020. This is $56,000 greater than 2019 or about a 5% increase. What a blessing!

As we continue our walk, your commitment will enable Knollwood to respond to needs within both the KBC family and beyond our doors. Here are but a few of the ministries we support through our gifts:

- Faith in the City (Equity in Education)
- Crisis Control Ministry
- St. Timothy’s Overflow Shelter
- Cub Scouts
- Bolton Elementary
- Samaritan’s Inn
- Overseas Missions
- Use of our facilities by Community Groups

Our individual generosity is multiplied more than a hundred-fold, when we as a community use our gifts to improve the spiritual and physical wellness of those we serve. Thanks to the members of the Stewardship Committee. We are blessed with much talent and creativity of those willing to serve our congregation.

Again, thank you for your generosity. Your witness of God’s love will continue as we continue our Walk with Jesus.
Deacon Goals

By LEN PRESLAR
Diaconate Chair

Each year, our Knollwood Deacons focus on advancing some aspect of our Strategic Plan. This year we’ve adopted two goals which we’ve begun to advance for 2019-20. We want you to know of our plans, and we’ll give you an update of our progress at the end of our Deacon term year.

One objective from our Strategic Plan is to “Grow the level of active participation among Knollwood members and friends.” More attendees at our September Leadership Day wanted us to focus on this objective for 2019-20 than any other alternative discussed. So our first of two goals is to “Implement initiatives in 2020 that will expand and strengthen connections among Knollwood members, so that everyone feels he or she is a valuable member of the Knollwood Community.” Tactics likely will include better communication about needs and opportunities and efforts to remove barriers to participation.

The second goal, broken into three parts, centers on the recommendations from our Racial Equity Task Force. We will develop tactics to facilitate racial equity education and training for Knollwood members; engage various formal groups of Knollwoodians to learn how they can advance racial equity; and begin working toward external relationships with other congregations with whom we might learn and work. We wish, over time, to equip and enable members of Knollwood to act in informed ways to advance the cause of racial justice. This will be a journey, an endeavor well beyond 2020, but this year’s work should set a strong foundation for this worthy initiative.

We invite members to participate on any of the teams working on these goals. If you have particular interest or expertise to contribute, please let me know and I’ll facilitate your participation.

Knollwood Cares

By LINDA YELLEN
Knollwood Cares Director

I want to express my deep gratitude to all of you who are participating in the Knollwood Cares ministry. Through our ministry teams, we support each other in times of health crises and after the loss of a loved one. Our members who can no longer drive to church receive a ride, and visitors and new members are welcomed into the life of the church. Hospitalized members get visits from our team members, and those who need a loving hand in times of crisis receive it.

Knollwood Cares is the ministry that helps us “care for each other in love.” If you are interested in joining one of our teams, you may sign up at https://tinyurl.com/y5ca43h6, or email Linda Yellen, Director of Knollwood Cares, at lindasyellen@yahoo.com.

Mission Allocations

The Mission Allocation and Affiliations Committee (MAAC) meets regularly to review requests for Knollwood missions funds. Money for these allocations comes from the church budget that allocates 10% of all giving to missions, the income from several endowments designated for missions, and other specifically designated mission gifts.

At its Jan. 7, 2020 meeting, MAAC awarded gifts amounting to just over $53,000. A list of the allocations with a brief description of the activity funded can be found at www.knollwood.org/media-documents.

Leaving a Legacy To Further God’s Work

By GARY HERRING
Stewardship Chair

Over the decades since its founding in 1957, Knollwood members have made the spiritual decision to support Knollwood’s ministry after their passing by making a legacy gift to the church. Some have designated Knollwood in their wills or named the church as the beneficiary of a life insurance policy or retirement account. Others have donated appreciated stocks or real estate.

Legacy gifts can be directed to support what matters most to you about Knollwood, including scholarships, missions, campus enhancements, or staff resources. Last year, the church recognized that some Legacy donors preferred not to designate their future gift, not knowing what circumstances might have changed upon their passing. For that reason, the church has established a Discipleship Fund which can be used to meet the most pressing needs in supporting Knollwood’s mission at any given time.

As you give prayerful consideration to the needs of your loved ones and the legacy you could create at Knollwood, please consider a Legacy gift to one of the church’s funds. Church staff is available to answer your questions, and you also may wish to consult your attorney or tax advisor.
**Arts and Hearts Offerings for 2020**

**Miracles & Mud**  
*with Rodney Stilwell & others*  
Thursdays • 6:30-8:30 PM  
January 16, 23, & 30  
Pottery class is full.  
Wait list available.

**Kids’ Lunch & Art**  
*with Guest Artist Betsy Messick*  
for K-5 • Class maximum: 20  
Sundays • 12-1:30 PM  
February 9 - Valentines  
March 15 - Spring Birds  
April 26 - Flowers  
Bring a bag lunch to eat before we begin learning and creating together.  
*Participants must register.*

**Galentine’s Day**  
**Love Note Creating**  
*with Marissa Joyce*  
Monday • 6:30-8:30 PM  
February 10  
This class offers an opportunity to learn the art of hand lettering, and to also create watercolor Valentines Day cards. This two hour class will include some group instruction, one-on-one coaching, and a chance to relax and create together.  
All materials provided.

**Mix it Up**  
*with Guest Artist Betsy Messick*  
Tuesday • 6:00-7:30 PM  
March 31  
Come fellowship, relax, and create a mixed media art piece. We will use a variety of techniques - painting, collage, and more - and enjoy an evening of play and fun.  
Ages 14 and up.  
Class maximum - 20

**Flower Arranging Demonstration**  
*with Jennifer Davis*  
Sunday • 2 PM  
May 3  
Come watch Jennifer arrange spring flowers in a beautiful display.

**A Holy Week Photo Experience**  
*with Melanie Wilkinson*  
Tuesday • 10 AM-2 PM  
April 7  
All you need is your camera phone and a journal or paper.  
We’ll learn about framing a photo and experience a photo walk together that combines artistry and spirituality.

**Vivid Colored Pencil Magic**  
*with Ann Cooper*  
Every Thursday 1-2:30 PM  
No Registration, just show up.  
Come learn technique for getting smooth, vivid color from colored pencils. First, you will learn and practice the technique, then produce a small work of art with our Prismacolor pencils. All materials provided.

**REGISTER FOR CLASSES ONLINE:** [www.knollwood.org/arts](http://www.knollwood.org/arts)

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**WELLNESS & COMMUNITY CENTER**

**Schedule for February**

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<th>WCC WALKING TRACK</th>
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<tr>
<td><strong>MONDAY</strong></td>
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<td><strong>TUESDAY</strong></td>
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<td><strong>WEDNESDAY</strong></td>
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<td><strong>THURSDAY</strong></td>
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<td><strong>FRIDAY</strong></td>
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**SUNDAY**  
**8 AM-12:30 PM**  
Closed during worship  
**1:30-4 PM**  
Open to congregation by request  
Call (336) 496-0403 for building access during this time slot only.  
**4:30-6 PM** - Cub Scouts 1st/3rd Sundays  
**6:30-8 PM** - KBC Organized Men’s Pick-Up Basketball 1st/3rd Sundays

**MONDAY**  
**9 AM-12 PM** - TTWS Play  
**6-8 PM** - Hoops4Him Team Practice

**TUESDAY**  
**8-11 AM** - Open Pickleball  
**10:30 AM-12 PM** - TTWS Play  
**10:45-11:45 AM** - Gentle Yoga (D102)  
**4:30-6 PM** - Open Pickleball  
**6-7 PM** - Yoga (Bldg C)

**WEDNESDAY**  
**9 AM-12 PM** - TTWS Play

**THURSDAY**  
**8-11 AM** - Open Pickleball  
**10:30 AM-12 PM** - TTWS Play  
**3:30-6 PM** - Open Basketball

**FRIDAY**  
**9 AM-12 PM** - TTWS Play  
**6-8 PM** - Hoops4Him Team Practice  
**8 AM-5 PM** - Walking Track Open

For the full schedule in grid form, please go to  
[www.knollwood.org/wellness](http://www.knollwood.org/wellness)
New Year, New Fun
By JOSH GODWIN
Minister of Youth and Recreation

A common trope in the new year is to turn one’s focus toward physical improvement or betterment. Doomed resolutions are made to go to the gym more often and cut a particular food out of the diet. While these can sometimes be helpful, more often than not these resolutions end in shame and bitter disappointment.

What if we could reframe these resolutions? What if, instead of goals to change our already beautiful selves, we made goals to learn a new sport or find more communal ways to pursue wellness? What if our new year’s resolutions were actually fun?

The WCC is buzzing with new and old ways of practicing wellness as part of our community. If you’re looking for a fun sport to play with friends that is accessible for every age, weekly pickleball (the fastest growing sport in the world) games happen every Monday evening. Never played before? Well, you’re in luck. The Rec Committee is hosting a learning clinic for all newcomers on April 19 to learn the basics so you can join the fun.

The Rec Committee is also excited to announce we are hosting a basketball skills clinic for elementary- and middle-school-aged children in partnership with the CP3 Basketball Academy. CP3 instructors will be onsite teaching basic skills and drills the afternoon of Sunday, Feb. 23.

In the more immediate future, we’re planning an big afternoon of fun in the WCC on Super Bowl Sunday. Between lunch after the church and the big game that evening, join us in the WCC for some organized games the whole family can enjoy. From the smallest to the largest, come have some fun with your KBC family from 2-3:30 PM.

Teaching in Community

For our youth ministry, Sunday School sessions serve a very specific purpose: intensive time spent wrestling with scripture and faith within a supportive group. These sessions are immeasurably valuable time that young people feel encouraged to ask hard questions and think together about where those questions lead. Under the leadership of committed teachers, young people grow into a more diverse understanding of their faith and identity.

In order for this to work effectively, we need special people to walk alongside our young people. Sunday School teachers are a vital part of the life of our church and fulfill a crucial role in the lives of our youth. They are more than teachers, becoming steady companions in the turbulent tides of learning about and exploring faith. As teenagers progress through adolescence, the need for such a steady hand becomes more pertinent.

Our young people are in need of some more companions to journey with them through their years in Sunday School. Right now we are actively searching for a long-term leader for our High School group and a bullpen of willing substitutes for our excellent Middle School leadership. Will yours be the presence that shows our youth they are a valued part of our congregation? Are you interested in being a companion with our young people to learn and grow together? If either of these questions stir up a feeling in you, I’d love to talk with you more about it.

IN MEMORIAM
Marilyn Dunn
October 2, 1934 - January 3, 2020
The members of Knollwood extend their deepest sympathy to the bereaved and pray for God’s healing presence in their lives.

STAFF ANNIVERSARIES
Ted Philpott
Feb. 8, 2016 – 3 years
Please take this opportunity to thank Ted for his dedication and service to Knollwood.

WELCOME NEW MEMBERS
Greer Poole
daughter of Sarah Cheney and Bill Poole
c/o sarah.cheney@aol.com

Joshua Goocey
361 Hanover Arms Ct.
Winston-Salem, 27104
joshua.goocey@duke.edu

SENIOR ADULT EVENTS
Sing-A-Long
Second Mondays
Feb. 10 • Mar. 9 • Apr. 13
Join Rozanna Goocey and Susan Edge for a time of singing familiar songs to our homebound.

April 23, Duke Homestead
Visit Duke Homestead, have lunch in Durham, and tour Duke Gardens
RSVP: 336-725-1343

May 26, Sink Luncheon
Gather at 11:30 in the Dining Room
RSVP: 336-725-1343
Knollwood Baptist Church is an inviting, inclusive family of faith open to all persons, whatever their race, gender, socioeconomic status, special needs, or sexual orientation, who want to walk in the way of Jesus.

Weekend Minister on Call

Please call 336-283-5067 if you have a pastoral emergency on a weekend.