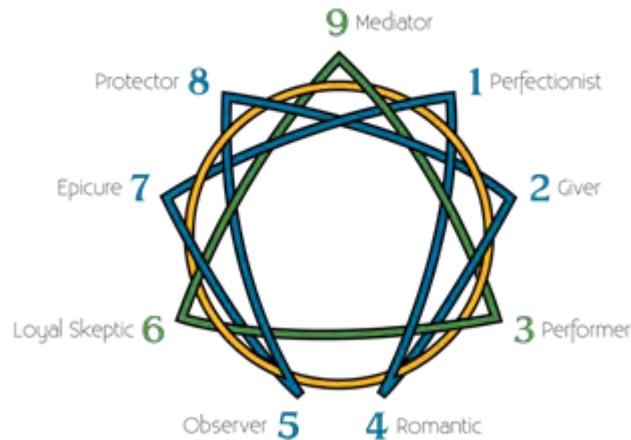


SUMMER RETREAT



Many gifts ... always the same Spirit.
1 Corinthians 12:4

The Heart of the Enneagram

*Deepening the Spiritual Life through a
Narrative Encounter with the Enneagram*

July 19-21

Haw River State Park

The Summit Environmental Education
and Conference Center

THE ENNEAGRAM is a powerful tool that can help us recognize the habits and patterns of our personalities, which are deeply rooted in illusions we carry about ourselves, the world, and God. Through teaching, small group work, sharing stories on panels, and spiritual practices, the retreat will invite participants to consider new narratives about themselves and God that interrupt these habitual thoughts and feelings and cultivate greater compassion and freedom.



RETREAT LEADER

Christopher T. Copeland is the Director of Leadership Development and Spiritual Life, and Assistant Professor of the Practice of Spirituality at Wake Forest School of Divinity. He is an ordained Baptist minister, spiritual director, and certified Enneagram teacher through the Narrative Enneagram where he serves as an adjunct faculty. For the past 25 years, Chris has been learning and teaching about the Enneagram as a tool for building self-awareness, cultivating compassion, and deepening spiritual growth to universities, non-profits, and religious organizations.

RETREAT PREPARATION

A copy of David Daniels' *The Essential Enneagram* is included in your registration and may be picked up from Knollwood's church office. Before the retreat, please complete the Enneagram test in it and read through the book's other helpful resources. If you find it more convenient, you may instead complete the Enneagram test online at www.enneagramworldwide.com (for an extra \$10 charge).

SCHEDULE

Check-in to the retreat center begins at 3 PM on Friday. We will gather around 5 PM for an orientation meeting. Dinner is at 6 PM and the first evening session begins at 7 PM. The retreat ends on Sunday immediately after lunch at noon.

FRIDAY EVENING

Gathering & Welcome
Dinner
Overview of the Enneagram
Individual and Group Reflection

SATURDAY

Morning prayer
Breakfast
Deeper Engagement with the Enneagram
Small group reflection
Spiritual Dimensions of the Enneagram
Lunch
Time for individual spiritual practices
(related to enneagram types)
Time for hiking, swimming, and games
Dinner
Panel discussions in the narrative tradition

SUNDAY

Morning prayer
Breakfast
Small groups
Creating a worship service in light of enneagram types
Worship that blends mind, heart, and body
Debriefing
Lunch
Departure

The Heart of the Ennegram Retreat

July 19-21, 2019

REGISTRATION

Use this form, or register online at www.knollwood.org.

Forms and fees due by July 1, 2019

Name _____

Address _____

Email _____

Cell # _____ Home # _____

LODGING

Single Occupancy \$245 Double Occupancy \$195

Assign a roommate for me

My roommate is _____

Special accommodations requested: _____

Special dietary needs: _____

TRANSPORTATION

I can drive ____ people, leaving Friday at _____

Carpool, please. I can leave Friday by _____.

I will make my own way to the retreat.

SCHOLARSHIP FUNDS

I would like to contribute to the scholarship fund.

I would like scholarship assistance.

Questions? Please contact Diane Lipsett at diane@knollwood.org.



CONFERENCE CENTER

Haw River State Park is north of Greensboro, near Reidsville. From Knollwood, the drive will take about 50-60 minutes. The conference center offers motel -style rooms (each with two beds, a private bath, and a writing desk and lamp). The park features hiking trails, an outdoor swimming pool, a six-acre lake for fishing and canoeing, and an indoor gym. Single or double occupancy rooms are available.

COST: The cost for the retreat is \$195 for double occupancy; \$245 for single occupancy. Six meals are included. Partial and full scholarships are available.

REGISTRATION PROCESS

Please complete the registration form included and submit it and the fees to the church office by July 1, 2019. Or you may register online: <https://forms.gle/NbkjN4RKKpozCDck9>. After July 10, fees are nonrefundable unless your spot is filled by someone else.

PAYMENT

Make checks payable to Knollwood Baptist Church or pay online at: www.knollwood.org/resources/givingonline.



DIRECTIONS TO CENTER

Haw River State Park is north of Greensboro, near Reidsville. From KBC, the drive will take about 50 - 60 minutes.

Take I-40 EAST through Greensboro to US 29 North (exit #127). Take US 29 North to the Brown Summit exit (Hwy 150). Turn left at the end of the exit and go through Brown Summit where Hwy 150 veers right and crosses railroad tracks. Continue on Hwy 150 to Spearman Road, about 3 miles past the railroad tracks. Fire Station #33 is on the corner. Turn right on Spearman, go 1.4 miles and turn left on Conference Center Drive. We are at the Lodge towards the end of the drive. Please note: Your GPS may list the address as Reidsville.

For more information, please visit <http://www.ncparks.gov/haw-river-state-park>.

Haw River State Park
339 Conference Center Drive
Browns Summit, NC 27214
336-342-6163



KNOLLWOOD BAPTIST CHURCH

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